



**SLOW FOOD!**  
**GOOD, CLEAN AND FAIR FOOD**  
**FOR EVERYONE**

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**SLOW FOOD FOCUS**



## **Slow Food launches the online campaign “On my plate”**

Slow Food is guiding 3.000 young activists from all over the world through a six-week journey “On My Plate”, exploring the hidden world our food travels through to reach our plates and offering actions we can all take to improve our relationship with our food, our planet, our future. Through the process, it will be possible to learn how to improve our food habits and make a positive, lasting impact on the world.

[\[Find out more\]](#)



## **Plum and honey crumble, the Chefs' Alliance recipe.**

This month Brigitte Streiff shared with us the recipe for a very easy to do dessert, but don't make it unless you've signed the “Save the bees and farmers” petition to be submitted to the European Commission to ban pesticides that are harmful to our friends, the bees.

[\[Find out more\]](#)



## SLOW FOOD EVENTS



### **Terra Madre Salone del Gusto: the unmissable events in February**

February may be the shortest month of the year, but it's certainly not short on events and opportunities to explore our food, our planet, our future.

[\[Find out more\]](#)



### **Food and health: a month of themed events**

A series of events to show how the secret to health and well-being (ours and our planet's) can be found in the food we eat every day.

[\[Find out more\]](#)



### **Terra Madre: What did you miss?**

Today we're sharing the videos of the Terra Madre Events that took place, in the first months of Terra Madre.

If you haven't already, check out the wealth of knowledge and useful reflections emerging from the Slow Food movement worldwide.

[\[Find out more\]](#)

## Join Terra Madre!

We are excited to unite our global networks and communities to make this the best and most inclusive Terra Madre ever! Terra Madre 2020 can be celebrated in an endless number of ways, from small gatherings to online and digital events. Be creative and tell us what you will organize!



THE WORLD OF SLOW FOOD MEMBERS



### Colombia's Fight to Reduce GMO Cultivation and Save Biodiversity

If you didn't know beans are serious stuff, you just don't know beans! Beans have been disparaged for years as "poor food." Worse, during periods of economic boom and rapid urbanization, culinary leaders neglect legumes and pulses as remnants of the peasant past.

[\[Find out more\]](#)



### Indigenous Presidia, main results of a three-year project

After 3 years of work, 8 ITM international events in 5 countries, activities on 10 Indigenous-led Slow Food Presidia in Latin America and Africa and a global pandemic, the IFAD and Slow Food project "Empowering Indigenous Youth and their Communities to Defend and Promote their Food Heritage" is coming to its closure, but the results are countless.

[\[Find out more\]](#)





## A short tour through the main achievements of indigenous communities

In 2017, Slow Food partnered with IFAD to launch a project to empower indigenous youth and their communities, improve the livelihoods of beneficiaries by protecting and promoting their food heritage, and uphold the sustainability and resilience of their practice.

Slow Food carried out a case study to analyse the progress of these Presidia.

[\[Find out more\]](#)



*Slow Food USA and Niman Ranch will host a series of Slow Food Live sessions in late January and early February focused on topics relevant in the Slow Meat conversation — like grass-fed beef, protein bars, policy and homemade bacon! Stay tuned for more details and registration in early January.*

[\[Find out more\]](#)



## [Slow Food Communities: What They Are and How They Are Created](#)

A short animated video explains what Slow Food Communities are, how to create them and why. Watch it, use it and share it with your network!



## SFYN Podcast: Meet our guests from our Regenerative Preservation practices episode

An arid climate or landscape has little to no rain and is considered too dry and barren to support vegetation. We interviewed four guests from arid or semi-arid regions around the world including New Mexico, Egypt, Australia, and Colorado.

[\[Find out more\]](#)



## Globally Important Agricultural Heritage Systems (Giahs) – Farming And The Future Of The Planet

Within the framework of Terra Madre Salone del Gusto, a cycle of webinars and a digital conference are planned, aimed at the Slow Food network around the world. Each webinar will explore the objectives and potential of the FAO's GIAHS program for the sustainable development of rural areas.

[\[Find out more\]](#)



## Plant a Seed 2021 together with Slow Food Usa

The 5th annual Plant a Seed campaign will launch in February! Plant a Seed is a Slow Food USA campaign that invites kids, families and communities to bring biodiversity and culture into their gardens, as we reconnect with the vital role of seeds in society and sustainability. Each year, they assemble over 700 Plant a Seed kits with seed packets of Ark of Taste plant varieties, and we're excited to be putting together next year's kit!

[\[Find out more\]](#)



## A Glimmer of Hope for Animal Welfare in Europe

2020 was an encouraging year for the future of animal welfare in Europe. From animal welfare labelling to live transport and alternatives to caging, the European Union has taken important steps towards improving the way farm animals are treated and the conditions they live in. But the fight is far from over.

[\[Find out more\]](#)





## The first three Slow Food Presidia in Azerbaijan!

The 'Community-based Value Chain Enhancement in the Greater Caucasus Mountains area' project has mapped 40 local varieties of vegetables, fruit, traditional home-made sweets, animal breeds, wild plants and other specialties linked to the villages and climatic zones of the Greater Caucasus Mountains of Azerbaijan.

[\[Find out more\]](#)



## A tasty webinar with Dutch Slow Food products, watch it now!

December 10 was the official birthday of the Slow Food movement, also known as Terra Madre Day! Slow Food Netherlands celebrated this special day with a festive and interactive online tasting, live from a studio in Amsterdam.

[\[Find out more\]](#)



## How is Slow Food Keeping GMOs Out of Europe?

Slow Food has been actively involved in the fight against GMOs for decades, and is making its voice heard among decision makers, particularly in Italy, the United Kingdom, and Brussels, as new gene editing techniques are being pushed by industry lobbyists, with the so-called aim to produce food more sustainably.

[\[Find out more\]](#)



## Polish Eagle Beans: A Pulse Beating Like a Warm Heart Across Continents

Beans can link not only countries, but also continents, as is the case with these Ark of Taste pulses from Poland; their social pulse links Poland and Brazil, with Latvia and Italy also playing a part in this bean music.

[\[Find out more\]](#)